

FRIENDSHIP ASSOCIATION

KRONSHAGEN-BUSHENYI-ISHAKA MUNICIPAL COUNCIL

***REPORT ABOUT THE WORKSHOP ON HIV ANTI AIDS CAMPAIGN***

*HELD ON 8<sup>TH</sup> JUNE, 2018 AT CHRIST CHURCH-KRONSHAGEN GERMANY*



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# HIV/AIDS IN UGANDA

## INTRODUCTION

From 31<sup>st</sup> May, 2018 to 11<sup>th</sup> June, 2018, a delegation of three officials from Bushenyi-Ishaka Municipality headed by the Mayor did visit Kronshagen on the invitation of the Krobu Association. During the visit, the officials from Bushenyi-Ishaka Municipality were privileged to attend and participate in the workshop on HIV Anti AIDS Campaign organized by the Friendship Association of Kronshagen and Bushenyi–Ishaka Municipalities (KROBU) held at Christ Church.

Here below are some of the highlights of the workshop:

- HIV/AIDS is one of the biggest challenges to Africa in general and Uganda in particular.
- In Sub Saharan Africa, AIDS is the main cause of death after Malaria and Tuberculosis(TB)
- To make matters worse, it affects the most productive and energetic section of the population ie the youths.
- The most affected groups in Uganda are:-
  - The youths (students included)
  - The most influential eg the educated, the rich etc
  - Landing sites communities (fishermen)
  - Prostitutes
  - Slum dwellers
  - Women by violence of their husbands/men
- AIDS is a serious problem since it leads to death, sickness and affects the most productive section of the population thus leading to negatively affecting the social economic development of the country. It's expensive to treat the sick; deaths lead to more dependents, eg orphans and widows, and sick people are unproductive.
- In Uganda almost each person has been in one way or another affected by HIV/AIDS either directly (falling sick), or indirectly by loss of a relative or friend.
- In Uganda most affected people get infected through sexual intercourse with HIV positive person.
- According to Dr. med Klaus-Dieter Kolenda, on the HIV/AIDS problem in Uganda:-
  - 1.4m living with AIDS
  - 6.5% of the population between 14-49years are infected
  - 52,000 new infections each year
  - 28,000 AIDS related deaths
  - 2m AIDS orphans
  - 67% of infected adults on ARV treatment
  - 47% of infected children on ARV treatment
  - 3 important prevention measures:-
    - Safer sex behavior
    - Voluntary circumcission
    - Sensitization
- Strategies adopted in Uganda

1. For Government
  - You have to test
  - You have to treat
  - You have to sensitize the public
2. Government adopted the ABC strategy
  - A. Abstain
  - B. Be faithful
  - C. Condom use

And of recent safe male circumcision has been added

3. For the public
  - Prevention
  - Condom use
  - Circumcision
  - Always follow advice and change your attitude
4. Sensitization can be effectively done through:
  - Radio Programs
  - Radio adverts
  - News papers like New Vision (Chris Mugasha)
  - By leaders whenever addressing community meetings
  - Religious leaders in church and mosques
  - The youths, women and community through Drama and Music (e.g. Rukararwe women Group)
  - People living with AIDS giving educative testimonies
  - AIDS education messages displayed on notice boards and billboards
5. Pursuing the 90-90-90 strategy, namely;
  - Test, ie atleast 90% are diagnosed
  - 90% found positive are treated with ARVs
  - 90% on ARVs to stay on treatment and achieve viral suppression level where they cannot infect others.

Through this strategy, its believed that AIDS will be eliminated
6. Pregnant mothers are tested and those found positive are given the drug that prevents transmission from mother to child during child birth.
7. Discordant couples are sensitized to avoid infecting their partners.

**Next steps for Bushenyi-Ishaka:**

- Support the grieving and counseling group dance in performances
- Training officers in cooperation with doctors and widows / give guidance
- Try to get more doctors engaged within region for anti AIDS Campaign
- Cooperation with Rukararwe Women's Group

## **CONCLUSION**

The workshop was so informative and educative. By the end of the workshop, the delegation from Bushenyi felt that it was more committed and had a role to play in fighting this scourge. We committed ourselves to reprint and circulate more copies of the book “COPING WITH GRIEF” and also support the Women Group from Rukararwe.

Otherwise we benefitted so much from this workshop. On behalf of the participants I wish to thank the organizers and presenters.

Edward Kiwanuka Gwavu

**PARTICIPANT/TOWN CLERK/BUSHENYI-ISHAKA MUNICIPAL COUNCIL**

His Worship the Mayor-**Bushenyi-Ishaka Municipal Council**